

PRE-OPERATIVE DIABETIC PATIENT INFORMATION

The following information is provided to assist you with the management of your diabetes and your medications prior to your surgery.

PLEASE BRING YOUR DIABETIC MEDICATIONS WITH YOU TO THE HOSPITAL ON THE DAY OF SURGERY.

Please be advised if you experience low blood sugar levels prior to arriving at The Eye Hospital, have a sugary drink/lollies as you usually would in such a situation.

If you have any questions regarding this information please phone either:

The Eye Hospital (63344960)
or your Surgeon's Room.

MORNING PROCEDURES

Fast from Midnight

Nothing to eat after midnight the night before surgery.

Diabetic:

- **Diet managed**

Follow above instructions - no further action required.

- **Tablet managed**

Do **NOT** take your diabetic tablets on the morning of your surgery.

- **Insulin managed**

Day before surgery - take insulin as normal.
Morning of surgery - **DON'T** take insulin.

Non Diabetic Medication

Take all your usual morning medication with a sip of water, including high blood pressure and cardiac medications.

AFTERNOON PROCEDURES

Fast from 07:00am

Have your breakfast prior to 7.00am.
You may drink water until 11:00am.

Diabetic:

- **Diet managed**

Follow above instructions - no further action required.

- **Tablet managed**

On the morning of your surgery please take your usual diabetic tablets - do **NOT** take midday diabetic medication.

- **Insulin managed**

On the morning of your surgery please take 1/2 the normal dose of insulin - do not take midday insulin.

Non diabetic Medication

Take all your usual morning and midday medication with a sip of water, including high blood pressure and cardiac medications.

**Pre-Operative Diabetic
Patient Information**