

Patient Name: \_\_\_\_\_

Surgeon: \_\_\_\_\_

Date of Surgery: \_\_\_\_ / \_\_\_\_ / \_\_\_\_



# Adult Health Assessment

Queensland Eye Hospital



## Health Assessment

| Do you currently have, or have you ever had any of the following?                      | Please Document Details     |                              |   |
|--|-----------------------------|------------------------------|---|
| Heart Attack / Chest Pain  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| Irregular Heart Beat / Arrhythmia  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| High Blood Pressure  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| Asthma/ Bronchitis/ Chronic Airways Disease  | <input type="checkbox"/> No | <input type="checkbox"/> Yes | <input type="checkbox"/> Home oxygen  |
| Sleep Apnoea   | <input type="checkbox"/> No | <input type="checkbox"/> Yes | <input type="checkbox"/> CPAP   |
| Do you currently smoke?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes | Cigarettes per day _____  |
| Have you ever smoked?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes | When did you stop? _____  |
| Diabetes   | <input type="checkbox"/> No | <input type="checkbox"/> Yes | <input type="checkbox"/> Type 1 <input type="checkbox"/> Type 2                                     |
| Are you taking Insulin or SGLT-2 Inhibitors?   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| Stroke/ Blackouts / TIAs / Epilepsy  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| Deep Vein Thrombosis / Blood clots   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| Do you take any blood thinning medication?   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| Gastric Reflux / Heartburn   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| Anxiety / Depression / PTSD / Mental Health Disorder                                   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| Dementia or history of Delirium / Confusion when ill or in hospital?                   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| Are you / could you be pregnant?   | <input type="checkbox"/> No | <input type="checkbox"/> Yes | Weeks:  |
| Have you or any blood relative ever had a life threatening reaction to an anaesthetic? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| Do you have any vision or hearing impairments?   | <input type="checkbox"/> No | <input type="checkbox"/> Yes | <input type="checkbox"/> Glasses <input type="checkbox"/> Hearing Aids                              |
| Do you have any prostheses or implants?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes | <input type="checkbox"/> Pacemaker <input type="checkbox"/> Joint Replacement                       |
| Do you use any aids for mobility?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes | <input type="checkbox"/> Wheel Chair <input type="checkbox"/> Walker <input type="checkbox"/> Stick |
| Have you had any falls recently?   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| Are you responsible for the care of others?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| Do you have any dietary restrictions?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |   |
| What is your weight & height?  | ___ Kg                      | ___ Cm                       | Nurses use only: BMI:   |

## Infection Prevention and Control

|   |                             |                              |
|---|-----------------------------|------------------------------|
| Are you currently <u>un</u> -well?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you currently have any skin infections / breaks / ulcers?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| In the past 2 weeks have you or anyone in close contact to you returned from overseas?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| To your knowledge have you had, or been in recent contact with anyone who has had an infectious illness?<br>e.g. Measles / Chicken pox / Shingles or Cold sores | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Have you had an overnight stay in an overseas hospital in the last 12 months?   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Have you ever been infected with a multi-resistant colonized infection (MRSA / VRE)   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have any blood borne infections? e.g. Hepatitis B or C, HIV  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |

## Creutzfeldt Jacob Disease (CJD) Risk Assessment (Human form of Mad Cow Disease)

|   |                             |                              |
|---|-----------------------------|------------------------------|
| Have you had brain or Spinal cord surgery that included a dura mater graft prior to 1990?     | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Have you taken human pituitary hormone (growth hormone, gonadotrophin) prior to 1986?         | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Is there a family history of CJD?   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Have you received a 'look back or medical in confidence' letter for CJD?                      | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Does the patient have an unexplained progressive neurological illness of less than 12 months? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |

**Patient Name:** \_\_\_\_\_

**Surgeon:** \_\_\_\_\_

**Date of Surgery:** \_\_\_\_/\_\_\_\_/\_\_\_\_



**IMPORTANT:**

Please **COMPLETE & RETURN** to:  
**P.O. Box 293, Spring Hill, QLD, 4004**

**FAX: (07) 3236 9855**

*Please return at least 1 week prior to the procedure*

**Surgical History**

|                               | Surgery | Year | Surgery | Year |
|-------------------------------|---------|------|---------|------|
| <input type="checkbox"/> None |         |      |         |      |
|                               |         |      |         |      |
|                               |         |      |         |      |
|                               |         |      |         |      |

**Other Health Issues** (Not already mentioned)

|                               |  |
|-------------------------------|--|
| <input type="checkbox"/> None |  |
|                               |  |
|                               |  |
|                               |  |

**Medications** List all **REGULAR** Medications including over the counter / complimentary medicines

|                               |  |
|-------------------------------|--|
| <input type="checkbox"/> None |  |
|                               |  |
|                               |  |
|                               |  |

**Allergies / Adverse Reactions** (Please list all known Allergies / Adverse Reactions e.g. Medications, Tapes, Food etc.)

|                               | Drug, Food or Other | Description of Reaction |
|-------------------------------|---------------------|-------------------------|
| <input type="checkbox"/> None |                     |                         |
|                               |                     |                         |
|                               |                     |                         |

**Admission Requirements**

**To meet QEH admission criteria you must:**

- Arrange for a responsible adult to drive you home and stay overnight following your procedure. Failure to do this will result in your procedure being postponed or cancelled.
- Not use public transport to travel home as this is against the strict policy of the Queensland Eye Hospital
- Not drive a car, motorcycle, ride a bicycle or operate machinery for 24 hours after an anaesthetic.
- Not make any important decisions or sign legal documents for 24 hours after an anaesthetic.

**The person driving you home:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

**Collected by either:**  Car  Taxi  DVA Taxi  Ambulance Transfer

**Overnight Carer is:**  Same as above  Other: \_\_\_\_\_ Phone: \_\_\_\_\_

**Please return your Patient Details Form and Consent Form as soon as possible to minimise delays with your admission.**

**Fax: 3236 9855      Email: info@qldeye.com**

**Nurse use only:** This form was completed by a registered nurse at QEH

**Nurse Signature:**

(Print / Sign / Designation) \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

