

**Pre Operative
Diabetic
Patient Information**

Pre Operative Information for Diabetic Patients

The following information is provided to assist you with the management of your diabetes and your medications prior to your surgery.

PLEASE BRING YOUR DIABETIC MEDICATIONS WITH YOU TO THE HOSPITAL ON THE DAY OF SURGERY.

Please be advised if you experience low blood sugar levels prior to arriving at The Eye Hospital, have a sugary drink/lollies as you usually would in such a situation.

If you have any questions regarding this information please phone either:

The Eye Hospital (63344960)
or your Surgeon's Room.

For Morning Procedures Scheduled before 12:00pm

Fast from Midnight

Nothing to eat after midnight the night before surgery.

For Type of Diabetic Management:

- **Diet managed**
Follow above instructions - no further action required.
- **Tablet managed**
Do **NOT** take your diabetic tablets on the morning of your surgery.
- **Insulin managed**
Day before surgery - take insulin as normal.
Morning of surgery - **DON'T** take insulin.

For your Non-Diabetic Medication

Take all your usual morning medication with a sip of water, including high blood pressure and cardiac medications.

For Afternoon Procedures Scheduled after 12:00pm

Fast from 07:00am

Have your breakfast prior to 7.00am.
You may drink water until 11:00am.

For Type of Diabetic Management:

- **Diet managed**
Follow above instructions - no further action required.
- **Tablet managed**
On the morning of your surgery please take your usual diabetic tablets - do NOT take midday diabetic medication.
- **Insulin managed**
On the morning of your surgery please take 1/2 the normal dose of insulin - do not take midday insulin.

For your Non-Diabetic Medication

Take all your usual morning and midday medication with a sip of water, including high blood pressure and cardiac medications.