

Instructions for Patients Following Corneal Surgery

You should immediately contact your doctor if:

- You have nausea or vomiting
- You experience severe pain.

If you have any queries or concerns regarding any of the information provided below, please contact your surgeon's consulting rooms. Specifically, in relation to restrictions affecting activities of daily living (showering, washing hair) and strenuous physical activities (swimming, lifting heavy weights, gardening).

Medications

Collect your prescribed medications from the pharmacy after discharge. Follow the instructions given to you by your doctor.

After your surgery

- No strenuous activity or exercise until you have seen your doctor
- Paracetamol (Panadol, Panamax or Dymadon), or medication prescribed by doctor, should be taken if you have discomfort or pain in the eye
- Due to the possible effects of the anaesthetic, a responsible adult will be required to drive you home and for twenty-four (24) hours you should not drive a motor vehicle, use any moving machinery or sign legal documents
- It is not unusual for the eye to be very watery following the operation, this is the eye producing extra tears in an attempt to make the eye more comfortable. It is also normal for the eye to look very bloodshot and for the eyelids to be swollen.

About your surgery and after-care

During your operation, an air bubble may have been used and will take 24-48 hours to be absorbed by the eye.

An arm band has been placed on your arm to alert medical staff should you require treatment during this time. Do not remove this armband without your doctor's instruction.

Information about Air Bubble

If an air bubble has been used during your operation, the eye will absorb the bubble.

You may be required to maintain a specific position until your post-operative appointment with your doctor. Please refer to your surgeon's specific instructions to ensure you are correctly positioned in order for your eye to absorb the air bubble.



Instillation of eye drops

Please wash your hands well with soap and water before instilling your eye drops. To instill the eye drops:

- Look up and gently pull down the lower lid with your finger and rest your other fingers on the cheek bone
- Tilt your head back and look up
- Gently squeeze the bottle and instill one drop. Do not touch the eye with the bottle
- Remove your finger and gently close the eye for one minute
- Gently wipe away any excess drops with a clean tissue and then discard tissue.

If you have more than one drop due at the same time, wait 5 minutes before instilling the next drop. Recap the bottle and store in a cool dry place.