

Instructions for Patients Following Oculoplastic Surgery

You should immediately contact your doctor if:

- You experience severe pain not relieved by Panadol
- Bleeding not resolved with applied pressure
- Increase in discharge or yellow discharge
- A stitch breaks and the wound opens.

If you have any queries or concerns regarding any of the information provided below, please contact your surgeon's consulting rooms. Specifically, in relation to restrictions affecting activities of daily living (showering, washing hair) and strenuous physical activities (swimming lifting heavy weights, gardening).

Medications

Collect your prescribed medications from the pharmacy after discharge. Follow the instructions given to you by your doctor.

If you have any queries or concerns regarding medications or drops prescribed by your doctor, please call their consulting rooms.

What to expect

- Due to the possible effects of the anaesthetic, a responsible adult will be required to drive you home and for twenty-four (24) hours you should not drive a motor vehicle, use any moving machinery or sign legal documents
- Your lids may ooze blood following the procedure
- Your eyelid may be bruised and swollen
- You may experience some minor pain for a short time after the anaesthetic has worn off. Follow pain relief instructions from your surgeon.

Instructions

- Apply ice as per surgeon specific instructions, to reduce swelling post-operatively
- Avoid taking aspirin and anti-inflammatories (ibuprofen) as these can cause bleeding
- Keep wounds clean and dry.