



## WHAT IS 'DIRECT ACCESS' COLONOSCOPY?

Our aim is to provide assistance to your patients in understanding 'Direct Access' Colonoscopy, and who would be suitable for this procedure.

Direct Access is a service provided by Brindabella Endoscopy Centre that aims to reduce wait times for quick access to a procedure with our reputable gastroenterologist and colorectal surgeons that participate in 'Direct Access' Colonoscopy.

Your practice may refer a patient for direct access for a colonoscopy, meaning the patient does not require a consultation with a specialist first.

### Direct Access Suitability

Direct Access Colonoscopy is most suitable for patients with a definite indication for colonoscopy, such as:

- A positive FOBT
- Polyp surveillance
- Rectal bleeding
- Unexplained change in bowel habits
- Family history CRC
- Reflux symptoms
- Dyspepsia
- Upper abdominal pain
- Dysphagia / Odynophagia
- Follow up screening for Barrett's or Coeliac disease

For patients with a history of adenomatous polyps or colorectal cancer, regular surveillance colonoscopy would also be recommended through the 'Direct Access' Program.



### Direct Access Exclusions

Not all patients are suitable for open access. For patients with significant comorbidities or elderly patients with multiple comorbidities, a consultation with a specialist prior to colonoscopy may be considered by the GP at the practice. It is often helpful for elderly patients to understand the risks and benefits of having this investigation performed.

#### Participating Specialists:

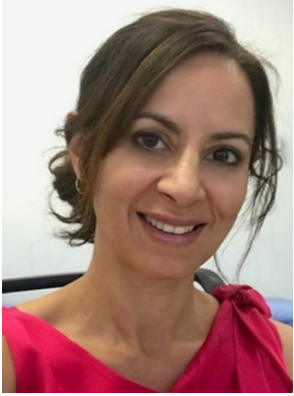
- Dr Purnima Bhat
- Dr Ram Ganesalingam
- Dr Paul Liebenberg
- Dr Nadeeka Samarakoon
- Dr Kavitha Subramaniam

Unit 7, Level 1, 5 Dann Close  
Garran, ACT 2605

Phone: (02) 6282 7788

Email: [reception@brindaendo.com.au](mailto:reception@brindaendo.com.au)

# Participating Specialists



**Dr Purnima Bhat**  
Associate Professor Specialist  
Gastroenterologist

Brindabella Gastroenterology  
Suite 13, 5 Dann Close  
Garran ACT 2605  
Ph: (02) 6281 0327



**Dr Ram Ganesalingam**  
Specialist General Surgeon

Brindabella Gastroenterology  
Suite 13, 5 Dann Close  
Garran ACT 2605  
Ph: (02) 6281 0455



**Dr Paul Liebenberg**  
Rural and Emergency  
General Surgeon

Eurobodalla Medical Specialists  
49 Queen Street  
Moruya NSW 2537  
Ph: (02) 8098 1947



**Dr Nadeeka Samarakoon**  
Specialist Gastroenterologist

Brindabella Gastroenterology  
Suite 13, 5 Dann Close  
Garran ACT 2605  
Ph: (02) 6281 4827



**Dr Kavitha Subramaniam**  
Associate Professor Specialist  
Gastroenterologist

Gastrotract  
Suite 6, 5 Dann Close  
Garran ACT 2605  
Ph: (02) 6234 7900