

## Adult Open Access Endoscopy Service

Please use either this referral pad or your personal referral letter

Patient's Full Name			
Date of Birth		Contact Number	
Address			
Examination Required:			
<input type="checkbox"/> Colonoscopy	<input type="checkbox"/> Gastroscopy	<input type="checkbox"/> FOBT through NBCSP	
Presenting problem/symptom			
Relevant medical history			
Prescribed blood thinners			
Prescribed diabetic medication			
Other current medication			
Previous relevant treatment			
Results of previous relevant treatment			
Allergies			
Special needs			
Referring Doctor	Provider No.		
Phone	Fax		
Address			
Referral Dates:			

### SPECIALISTS:

**Gastroenterologists:** Dr Margaret Leach, Dr Michele Macnamara, Dr Keith Tish

**Colorectal Surgeons:** Dr Stuart Pincott

#### PATIENT INFORMATION:

This Direct Access referral means you will not require an initial consultation prior to the procedure, however, you need to meet the suitable criteria as per the information on the back. Patients with a BMI of > 40 will require a consultation before Endoscopy. Patients will be given intravenous sedation for endoscopic procedures. It is illegal for you to drive on the day of your examination. You must not operate machinery. Please refer to your own Workplace Health & Safety regulations. Do not make legal decisions or sign legal documents until the next day. You must have a responsible adult accompany you home and stay with you the first night. If you have polyps removed, you must not undertake domestic travel for 48 hours, or international or remote travel for two weeks after your procedure.

## WHAT IS 'DIRECT ACCESS' COLONOSCOPY?

**Our aim is to provide assistance to your patients in understanding 'Direct Access' Colonoscopy, and who would be suitable for this procedure.**

Direct Access is a service provided by Dee Why Endoscopy Unit that aims to reduce wait times for quick access to a procedure with our reputable gastroenterologist and colorectal surgeons that participate in 'Direct Access' Colonoscopy.

Your practice may refer a patient for direct access for a colonoscopy, meaning the patient does not require a consultation with a specialist first.

### Direct Access Suitability

Direct Access Colonoscopy is most suitable for patients with a definite indication for colonoscopy, such as:

- A positive FOBT
- Polyp surveillance
- Rectal bleeding
- Unexplained change in bowel habits
- Family history Colorectal Cancer
- Reflux symptoms
- Dyspepsia
- Upper abdominal pain
- Dysphagia / Odynophagia
- Follow up screening for Barrett's or Coeliac disease
- Iron deficiency anaemia (please attach current Feritin and Haemoglobin levels)

### Direct Access Exclusions

Not all patients are suitable for open access. For patients with significant comorbidities or elderly patients with multiple comorbidities, a consultation with a specialist prior to colonoscopy may be considered by the GP at the practice. It is often helpful for elderly patients to understand the risks and benefits of having this investigation performed.

Participating Specialists:

- Dr Margaret Leach - Gastroenterologist
- Dr Michele Macnamara - Gastroenterologist
- Dr Stuart Pincott - Colorectal Surgeon
- Dr Keith Tish - Gastroenterologist

**Level 4, Suite 4402, Dee Why Grand  
834 Pittwater Road, Dee Why NSW 2099  
Phone: (02) 9982 6333 | Fax: (02) 9182 5960  
HealthLink ID No: deeyendo**