

WHAT IS 'DIRECT ACCESS' COLONOSCOPY?

Direct access colonoscopy allows GP's to refer patients requiring Colonoscopy directly to Newcastle Endoscopy Centre thus reducing the cost & extended waiting period for an appointment with a specialist.

Referred patients are phoned by our trained nursing staff, at this time they are:

- Assessed for suitability for the service
- Informed about the preparation & the procedure
- Provided with information regarding risks & benefits of the bowel preparation & procedure
- Informed about costs
- Booked for the procedure with one of the reputable NEC participating gastroenterologists or surgeons
- Emailed an information package containing the above information

Referrals are accepted for privately insured or self-funded patients who:

- Have a positive faecal occult blood test result
- Have a family history of colorectal cancer (1st degree relative, diagnosed under the age of 55 years)
- Have had previous colorectal polyps, cancer, Lynch Syndrome & procedure is within timeframe as per proceduralist

AND

- Are between 24 & 74 years of age, in good health with no significant co-morbidities
- ASA 1-3 (stable)
- Have a BMI not greater than 38 & weight not greater than 125kg
- Have a support person to stay with them post procedure

Patients not suitable for Direct Access Colonoscopy:

- Present with obvious rectal bleeding
- Have had cardiac surgery or stent in past 12 months
- Have dementia, intellectual disability, major psychiatric comorbidity, or language barrier
- Are frail, symptomatic, or unwell
- Have major chronic medical issues
- Have poor mobility



All proceduralists at NEC have Gastroenterological Society of Australia (GESA) Colonoscopy Certification.

Participating Specialists:

- Dr Hasitha Balasuriya
- Dr Louise Clarke
- Dr Brian Draganic
- Dr Robert Foster
- Dr Anil Koshy
- Dr Brendan McManus
- Dr Owen Morris
- Dr Marie Ooi
- Dr Peter Pockney
- Dr Michael Potter
- Dr Douglas Routley
- A/Prof Stephen Smith
- Dr Alkesh Zala

(NEC is a private centre- patients may self-fund – VMO choices may be limited as not all VMO accept self-funding patients – please select 'any doctor' or phone VMO direct to check, if you select a VMO who will not accept self-funding patients- the patient will be referred to a VMO who does accept self-funding patients).

**Level 2, 20-22 Smith Street
Charlestown NSW 2290
Phone: (02) 4947 6000
HealthLink ID No: newcendc**

4 SIMPLE REFERRAL STEPS VIA HEALTHLINK

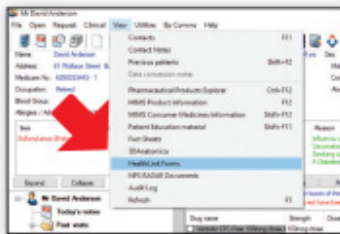
Make E-Referrals to Newcastle Endoscopy Centre Easy

- + Quick & Simple
- + Professional
- + Loved by GPs
- + Healthlink ID: newcencd

Your Quick Guide

Access SR in your EMR via HealthLink Forms

To open in Best Practice



Open SR: View > HealthLink Forms
Or from HL icon in your Letter Writer

To open in Medical Director



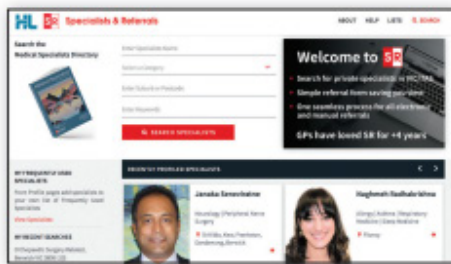
From your HealthLink tab click the
New Form icon



Click on SR logo

4 Simple Referral Steps

- 1 **Search** by Name or by category and suburb/postcode.
- 2 **Select** specialist and preferred location. You can choose from both e-refer and manual refer (fax) locations.
- 3 **Complete** easy pre-populated form – enter reason for referral, select consult notes, add attachments ...
- 4 **Submit** form, see e-refer delivery status immediately or print manual referral. The referral will be stored in the letters tab (MD) or correspondence out section (BP). Print referral and hand to patient.



Give it a go!
You can send a
test referral to the
specialist
Mickey Mouse

Making easy
E-referrals:



Quick guide to
E-referrals:

