

Subiaco Private Hospital Pty Ltd

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If You Have Problems

You should either

- Contact your Surgeon
- Contact your GP
- Get to the nearest Emergency Centre
- Ring Health Direct 1800 022 222

General Anaesthetic

DISCHARGE INSTRUCTIONS FOLLOWING SURGERY
PAEDIATRIC



After Effects Of An Operation

Depending on the type of surgery and anaesthetic your child has, they may experience one or more of the following:

Sore Throat

This may occur due to measures taken by your anaesthetist to assist your child's breathing during the operation and should disappear within 48 hours.

Nausea/Vomiting

This may occur in the first few hours after you child's anaesthetic. If so, try sips of fluid first, gradually increasing to light food. Your child should avoid heavy foods.

Pain

If your child experiences pain or discomfort, take the medication recommended. If pain persists, seek medical advice.

Wound

Seek medical advice if your child experiences excessive leakage or bleeding from the wound site or any signs of infection.

Discomfort At Injection Site/Cannula Site

Pain and bruising at the injection site/cannula site may occur, but this should not require treatment and should disappear in a few days.

Inability To Concentrate

It is normal to feel tired and unable to concentrate for a day or two after the anaesthetic.

Skin Integrity

Check your child's skin for: rashes, redness, bruising or and skin changes. Contact SPH if any concerns or your GP.

Additional information for parents of children

Keep hydrated regularly at home post surgery/ general anaesthetic.

As soon as your child feels hungry you may allow them to eat and drink, but avoid large meals and spicy foods. Your child may drink freely.

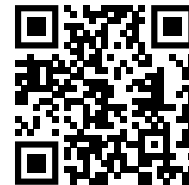
If he/she does not feel like eating, it is important to encourage them to drink fluids.

For twenty four hours after the operation your child should not:

- Ride a bike or scooter
- Play on gym equipment
- Participate in sport

Your surgeon will inform you when your child may return to school and sporting activities.

For further information about preventing falls at home, please refer to our patient information booklet.



**Scan to view our
patient booklet**