



**T H E  
E Y E  
HOSPITAL**

**Pre Operative  
Diabetic  
Patient Information**

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## Pre Operative Information for Diabetic Patients

The following information is provided to assist you with the management of your diabetes and your medications prior to your surgery.

**PLEASE BRING YOUR DIABETIC  
MEDICATIONS WITH YOU TO THE  
HOSPITAL ON THE DAY OF SURGERY.**

Please be advised if you experience low blood sugar levels prior to arriving at The Eye Hospital, have a sugary drink/lollies as you usually would in such a situation.

If you have any questions regarding this information please phone either:

The Eye Hospital (63344960)  
or your Surgeon's Room.

## For Morning Procedures Scheduled before 12:00pm

### Fast from Midnight

Nothing to eat after midnight the night before surgery.

### For Type of Diabetic Management:

- **Diet managed**  
Follow above instructions - no further action required.
- **Tablet managed**  
Do **NOT** take your diabetic tablets on the morning of your surgery.
- **Insulin managed**  
Day before surgery - take insulin as normal.  
Morning of surgery - **DON'T** take insulin.

### For your Non-Diabetic Medication

Take all your usual morning medication with a sip of water, including high blood pressure and cardiac medications.

## For Afternoon Procedures Scheduled after 12:00pm

### Fast from 07:00am

Have your breakfast prior to 7.00am.  
You may drink water until 11:00am.

### For Type of Diabetic Management:

- **Diet managed**  
Follow above instructions - no further action required.
- **Tablet managed**  
On the morning of your surgery please take your usual diabetic tablets - do NOT take midday diabetic medication.
- **Insulin managed**  
On the morning of your surgery please take 1/2 the normal dose of insulin - do not take midday insulin.

### For your Non-Diabetic Medication

Take all your usual morning and midday medication with a sip of water, including high blood pressure and cardiac medications.