

# FACT SHEET POST PROCEDURAL CARER

**Having someone at home to assist you reduces the risk of adverse events occurring.**



**At Brindabella Endoscopy Centre the health and safety of our patients is our top priority. As such we ask you to ensure that you have a carer at home after your procedure. The carer must be a responsible person over the age of 16 and be able to care for you for 24 hours after you go home.**

### **Why you need a carer:**

For 24 hours after your sedation and procedure you are at increased risk of:

- Fatigue
- Fainting
- Falls
- Bleeding (depending on what procedures you undergo)
- Pain

### **What if you don't have a carer and cannot organise one?**

You will be asked to sign a waiver to acknowledge that you are agreeing to undergo the procedure knowing the risks involved of not having a carer post procedure.

You will be required to have an extended length of stay in recovery to ensure that the sedation has had additional time to be metabolised by your body – you will not be discharged until you are deemed safe by the recovery Nurse.

If a carer is not available, your procedure may be postponed at the discretion of the Anaesthetist and/or Gastroenterologist